


Teacher's Profile

PERSONAL PROFILE

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| Name | Dr. ANAND PRAKASH VERMA |  |
| Father's Name | SHRI INDRAJEET VERMA | |
| Date of Birth | 14 JUNE 1981 | |
| Marital Status | Married | |
| Nationality | Indian | |
| Designation | Assistant Professor, Department of Samhita Siddhant | |
| Address (Office) | Govt. Autonomous Ashtang Ayurved College, Lokmanya Nagar, Keshar Bag Road, Indore (M.P.) 452009 | |
| Address (Residence) | Flat no.101,Somnath avenue Vigyan nagar indore M.P. | |
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QUALIFICATION

- B.A.M.S.(AYURVEDACHARYA)-Barkatullah university Bhopal m.p.
- M.D. (Ayurved Siddhant) -Vikram university Ujjain m.p.
- Ph.D. (Sch.) (Medical science university Jabalpur m.p.)

PROFESSIONAL PROFILE

- Registration no.48847, M.p. board of ayurvedic & unani system of medicine Bhopal,M.P.
- PGDDTN(Dietitian & nutritionist) ,M.P. B.O.U. Bhopal M.P.
- Central Council of Indian Medicine Teacher's Code No. AYSS00248.

TEACHING EXPERIENCE

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|--------------------------|--|---|
| 21/10/2016 to 22/11/2021 | Assistant Professor Deptt. Of Samhita Siddhant & Sanskrit | Pt.dr.shivshakti sharma ayurvedic college Ratlam m.p. |
| 23/11/2021 to 18/03/2023 | Associate Professor Deptt. Of Samhita Siddhant & Sanskrit | Pt.dr.shivshakti sharma ayurvedic college Ratlam m.p. |
| 21/03/2023 to 10/01/2025 | Associate Professor Deptt. Of samhita siddhant & sanskrit | R.n. Kapoor memorial ayurvedic college Indore m.p. |
| 21/01/2025 to Till Date | Assistant Professor Deptt. of samhita siddhant & sanskrit | Govt. Ashtang ayurved college & hospital Indore m.p. |

PUBLISHED RESEARCH PAPERS & ARTICLES

(1) FEB 2018 WJPMR – Co writer

#Ayurveda perspectives of agni and its correlation with diseases pathogenesis.

(2) NOV 2020- European journal of biomedical and pharmaceutical sciences – MAN WRITER

#Ayurveda concepts of satmya viruddha WSR to roll in disease pathogenesis : A literary review.

(3)2020 WJMPR –Main writer

#Ayurveda review of incompetent Aahar w.s.r to concept of satmya viruddha.

(4) JUNE 2021 IJAYUSH- MAIN WRITER

#Physiological and pathological aspect of ahara predominant with madhura and katu rasa.

(5) HIMALAYA JOURNAL OF HEALTH SCIENCES – co writer (Best awarded article)

#Ayurveda consideration on infectious diseases and their preventive measures w.s.r to current pandemic situation.

(6) WORLD JOURNAL OF PHARMACEUTICAL AND MEDICAL RESEARCH –Co writer

#Ayurveda concept of satmyaviruddha and pathological involvement of madhura and katu rasa

(7) 2021 IJNM –Co writer

Ancient way towards healthy regimen: An ayurvedic review.

(8) JOAPP – Co writer

Ayurveda concept of pharmacokinetics and pharmacodynamics towards drug reaction : A review.

(9) DEC 2021 IJAYUSH – Co writer

Effect of excess uses of madhura and katu rasa ahara in animal model.

(10) MARCH 2022 - HIMALAYA JOURNAL OF HEALTH SCIENCES –Co writer

Roll of viruddha ahara towards skin and allergic disorder; An Ayurveda review.

(11) JUNE 2022- IJAYUSH – Co writer

Satmya viruddha : Ayurveda and modern view w.s.r to Ahara .

(12) JAN 2024- IJAYUSH – MAIN WRITER

#Etiopathological Involvement of viruddha Ahara in skin disease w.s.r to shwitra and psoriasis.

(13) JUNE 2024 -WORLD JOURNAL OF ADVANCE HEALTH CARE RESEARCH –MAIN WRITER

Management of urticaria through Ayurveda and adjuvant effects of pathya / apathy Ahara : A case study.

(14) 2024- WORLD JOURNAL OF ADVANCE HEALTH CARE RESEARCH –Co writer

Ayurveda perspective of hiatus hernia and its management through alternative approach : A case report.

(15) SEP-OCT 2024 - IJAHM –Co writer

Ancient practice of garbha sanskar and its importance in modern scenario.

BOOK PUBLISHED

- (1) Ayurvediya Ras ki sankalpana –Main Author
- (2) Concept of Ritucharya –Co author
- (3) Concept & management of COVID as per Ayurvedic perspective –co author
- (4) PANCHKARMA –Co author

ATTENDED CME

- (1) ASS Ayurved Mahavidyalay NASHIK -20-25 SEP 2021
- (2) Govt. Ayurvedic college BALANGIR (ODISHA) -15-20 NOV 2021
- (3) ITRA , JAMNAGAR-13-18 MARCH 2023

OTHER CME

- (1) CHARAKAYATAN BY RAV -11-16 DEC 2023
- (2) CME FOR PRIVATE PRACTITIONER -16 &17 MARCH 2019
- (3) CME FOR AYURVED CHIKITSAK BY DEPT OF AYUSH -26-31 MARCH 2012+

OTHER PARTICIPATIONS

- (1) Training Programme on “Standardized Prakriti Assessment Scale and AYUR PRAKRITI WEB PORTAL By CCRAS -15&16 MARCH 2024
- (2) National Teachers Training Program for padharth vigyan by CCIM -17-19 FEB 2021

Panchkarma BOOK – PUBLISHED,

CME –TPGT & RA,

CHARAKAYATAN, ARTICLE in DABAR CALENDER, 30/12/23 lecture deliver , 29/ Nov/ 2023 – transitional curriculum – lecture on enterpreneurship , lecture delivered on charak jayanti, as external examiner at delhi exam , wored as secretary and committee member at R.N.Kapoor Ayuverdic Medical College And Hospital Indore, Attended Teaching Traning Program On The Subject Of Padarth Vidgnayan And Samhita Siddhant Through NCISM.

2024 Two articles published , workshop taken on prakruti prikshan , ayurved vikas patrika- article on viddha avastha janya vyadhi, wrote article on respiratory disease caused due to pollution , wrote article on health precaution during summer season, book published on “concept of ritucharya”